

My positive attitude to life:  
Living is beautiful !!!



**WE'RE  
STILL  
HERE!**  
[www.post-polio.org](http://www.post-polio.org)



Ferdinand  
born 1956  
struck with Polio 1958

For 45 years spending  
the nights in the  
so-called Iron Lung,  
by day using the  
"Frog Breathing"



Since December 2004  
using a breathing mask  
while sleeping



[www.ferdinand-schiessl.com](http://www.ferdinand-schiessl.com)

